

## YOUR MONTHLY SNAPSHOT SEPTEMBER 2021

In this months Snapshot we share our team's work with Dr Kerry Howells and gratitude in practice. We will also be hosting a book launch evening for her most recent book publication 'Untangling you: How can I be grateful when I feel so resentful?'. The team say farewell to our Office Manager Sally Burgess. We invite you to take a look at the article Meaningful ways to support the creative power of children and we have our regular Leadership Breakfast and OSHC Network groups coming up in October. Register early and be part of these great networking opportunities.

As always, we are interested in what is happening in your services and would love to hear from you and include your great news stories in our Monthly Snapshot. You can get in touch via email:

[training@gowrie-tas.com.au](mailto:training@gowrie-tas.com.au) or phone: 03 62306824.

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## GRATITUDE

Gratitude as a practice - What role can gratitude play in the education and care sector?

The Gowrie Training & Consultancy team over the past years have worked closely with Dr Kerry Howells to explore the practice of gratitude both as an individual and as part of a team. Most recently the team have had the opportunity to reflect on gratitude within the workplace—both to each other, to the organisation and to our clients; learners, educators and workplaces. When we work with an inner attitude of gratitude, we create a space for learning, growing and building of positive relationships with others.

In her blog post 'A state of Preparedness: Preparing our being with gratitude, Dr Kerry Howells speaks about this notion of being in a state of preparedness. 'A State of Preparedness' calls upon us to prepare our being before we embark on anything we need to do. This means that we reflect on the innermost attitude we are bringing to the day ahead, to the meeting we are about to go into, to the task we are about to perform, and choose to approach it with gratitude'.

*How do you reflect on your inner attitude for the day ahead?*

*What might your state of preparedness look like?*

**FIND OUT MORE - DR KERRY HOWELLS**



## FAREWELL SALLY

Last month our Business Development & Research team said goodbye to Sally who departed the organisation with her last day being Friday 27th August.

Sally, an epitome of hard work, has been a valuable part of the team for the past three years, supporting the team in all administrative tasks and a key first point of contact for all communication internal and external to the team. We are very appreciative for all the hard work that Sally has done for the team, and she will be missed.

We wish Sally best of success in all future endeavours.





## PLAY THAT SUPPORTS CREATIVITY

'Creativity is abundant in children, with 98% percent (yes, 98%!) of the 1,600 children aged 4-5 years who took part in the Land and Jarman study considered a creative genius. Sir Ken Robinson debates the effect of the school system in his [TED Talk](#) because by the age of 9-10 years, the same group of children was tested again, and the percentage of creative geniuses amongst the group declined significantly to only 30%, by 14-15 years it fell further to 12%. By 25 years, it had deteriorated to a measly 2% . '

What you implement and how you interact with the children in the education and care services play an importance role in supporting children's creativity.

Look at the below link which provides you with principles of practices and examples that you can embrace in your services. Reflect on the article and challenge yourself in promoting children's creativity as we all know the importance of creativity.

Meaningful ways to support the creative power of children



**DR KERRY HOWELLS BOOK LAUNCH EVENING — Wednesday 6th October 6.00pm-7.30pm** Join us for a wine and cheese book launch for Dr. Kerry Howells newest book publication 'Untangling you: How can I be grateful when I feel so resentful?' Take a sneak peak now: <https://kerryhowells.com/books/untangling-you-how-can-i-be-grateful-when-i-feel-so-resentful/> Registrations will be via our events page.

### **LEADERSHIP BREAKFAST**

Our Leadership Breakfast is an opportunity for you to listen and share professional knowledge over a light breakfast before your working day.

Register for our next breakfast in Hobart on **Thursday 28th October**. [Register Here](#)

### **OSHC NETWORK GROUPS—OCTOBER**

This round of workshops focus on 'Steiner inspired! The nurturing art of handwork'. During this hands-on workshop we will explore modular origami, making rose windows, sewing with felt and hessian, and wet on wet watercolour.

South — **October 13, 2021 6:45 pm - 8:30 pm**  
 North — **October 19, 2021 6:45 pm - 8:30 pm**  
 North West — **October 20, 2021 6:45 pm - 8:30 pm**

Register early to not miss out on a spot. [Register Here](#)

## **FIND OUT ABOUT ALL OUR EVENTS**



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